

## 10 reasons not to have unrestricted access to Plan B

Let's cut to the chase and omit the rhetoric and the Christian views...most people think that contraceptive birth control is safe and should be available to our youth at an early age to prevent unwanted pregnancies—they say you can't expect abstinence to work. That's WAY too Christian-like! There are even lots of people who consider themselves pro-life who believe this! Here are the real facts which should change their minds:

1. The word "contraceptive" literally means: *preventing conception*, or stopping the male sperm from fertilizing the female egg to create a new life. That is what is supposed to happen....BUT...it is possible that the hormonal contraceptive did NOT prevent the conception. If that happens, then the 2<sup>nd</sup> part of the contraceptive is to prevent the newly formed life from implanting in the uterus. In this case, the new life is "aborted" and expelled to die.....which is why we call hormonal contraceptives chemical *abortifacients*.<sup>1</sup>
2. Emergency contraception, like Plan B, is made up of synthetic hormones at a much higher dose than those in birth control pills....*which you need a prescription for!* Does it make sense for a much stronger dose to be sold on demand over the counter, especially to young girls?
3. High doses of synthetic hormones like in Plan B can have severe side effects, including nausea, abdominal pain, fatigue, headache, menstrual changes, dizziness, breast tenderness, vomiting, diarrhea, unexpected bleeding, and more. Should young girls have access to this without parental consent?! **Schools in New York give this drug freely<sup>2</sup>, yet they cannot dispense an aspirin without a parent's permission!**
4. The Plan B packaging clearly states that it is not like RU-486, and does not cause an abortion. However, if fertilization has already occurred and the new life has still not implanted in the uterus, then the hormonal effects of the pill will stop the life from normal implantation and the life will be "aborted" by expelling it to die. **YES....it DOES cause abortions..and this warning is NOT on the box!**
5. It's one thing for an adult with a prescription to understand the side effects and risks of hormonal birth control or emergency contraception. It's quite another for underage girls to understand and acknowledge that the National Cancer Institute advises that the use of oral contraceptives increases the risk of breast, cervical and liver cancer<sup>3</sup>, or that the International Agency for Research of the World Health Organization states that "artificial contraceptives are carcinogenic on a par with cigarettes and asbestos."<sup>4</sup> *Planned Parenthood thinks that all girls should have access to hormonal contraception as well as emergency contraceptives....does that show how much they care about women's health?*
6. Pro-abortion advocates like Planned Parenthood and others say that "contraception reduces unintended pregnancies." WRONG!!!! Using Centers for Disease Control data, the use of contraceptives shows clear links to increased sexual activity, and increased sexually transmitted disease (STD). It also shows that more sex equals more pregnancies because contraception is not 100% effective. The mass distribution of contraception is mirrored in an increase in sexual activity.<sup>5</sup>
7. The Guttmacher Institute, which is a Planned Parenthood affiliate, conducted research in the United States, Cuba, Denmark, the Netherlands, Singapore and South Korea which shows *simultaneous*

*increases in both abortion rates and contraceptive use.*<sup>6</sup> Do you get it now why Planned Parenthood pushes contraception?.....it fuels their lucrative abortion business!

8. Results of a pilot program in the United Kingdom to distribute emergency contraception to teenagers under 16 shows that it has not only NOT cut the rate of pregnancy, but has actually spurred a rise in STDs. Statistics show that the United Kingdom has the highest teen pregnancy rate in Western Europe, and that the rate of contracting STDs in teenagers under 16 has risen 58% in the last 5 years!<sup>7</sup>
9. While not in the forefront of the news, human trafficking is a serious problem in the United States. The move to make Plan B available over the counter on demand now gives human traffickers a way to stop or end pregnancies in young girls being trafficked, with no medical care or follow-up. Sex traffickers can simply send a girl into a pharmacy to buy the emergency contraception without a prescription. They won't have to go to a clinic, a doctor or anyone who can question her about her health, circumstances or safety. They are enslaved further into the life of human trafficking without ever having to see a medical professional.<sup>8</sup>
10. Last but certainly not least, what about morality? All the items above are based on medical and ethical facts and reports. Why is our society keen on letting our youth think that pre-marital sex is OK? We are human beings with a mind and intellect...we are not animals. Abstinence and chastity education does work, and it was the recognized way of life until late 1960s. Consider the following from Valerie Huber and Greg Pfundstein of the National Abstinence Education Association:

“There are now [twenty-three studies](#) either published in peer-reviewed academic journals or reported to the government that show statistically significant effects on various measures of success for sex education programs, such as delayed sexual debut, decreased number of sexual partners, and even increased use of condoms and contraceptives, typical measures that indicate the approach works. Strong SRA (sexual risk avoidance) programs go well beyond the straw-man ‘just say no’ approach. They also aim to inspire young men and women to set positive goals for their futures. Choosing to wait for sex is an important decision in that process, though not the only one. SRA programs help teens understand that their value is not dependent on whether they have sex with their date; they aim to help teens develop aspirations that transcend the pressure to be sexually active at a young age.”<sup>9</sup>

If you believe that children are our future, than you want to do everything you can for them to grow up strong, healthy and morally strong. We need to take back the control of raising our own children, and keep them safe. Enough said.

1. Adamek, Raymond J., “Hormonal Contraceptives and Emergency Contraceptives”, , November 12, 2011. Available on the “Issues” page at [www.RighttoLifeofNortheastOhio.com](http://www.RighttoLifeofNortheastOhio.com)
2. <http://www.planbonestep.com/about-plan-b-one-step.aspx>
3. Johnson, Ben, “New York City schools handed out 12,721 doses of Plan B last year without parental consent”, LifeSiteNews.com, February 4, 2013.

4. Riler, Keith, "Studies: Birth Control, Contraception Don't Cut Abortions", LifeNews.com, February 17, 2012.
5. Smith, Peter J., "Rate of U.S. women taking abortifacient morning-after pill doubles", LifeSiteNews.com, May 3, 2011
6. Hilton, Elise, "Morning After Pill: Human trafficking's best friend?", LifeSiteNews.com, May 2, 2013
7. Huber, Valerie, "No 'sloppy seconds': the truth of compassionate, evidence-based abstinence education", LifeSiteNews.com, June 11, 2013

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